

Pierik L'Istelle

Can I

you

teach

Shall I

dance

this

# Training offer

# Authenticity is born through interaction

Art-menu



Rational, horse, to carry

The strength of the Earth is objectivity

To bring forth calm, to consider, acceptance

Stability

to observe, to view, eyes

Emotional, man, to impregnate

the strength of Fire is to know its purpose

Determined, to show initiative, energetic

Leader

to act / scents / to smell / the nose

Emotional, woman, to conceive

The strength of Water is to mirror

Connecting, Empathy, to mirror

Collective importance

sounds / to listen / the ears

Active, Rational, Angel

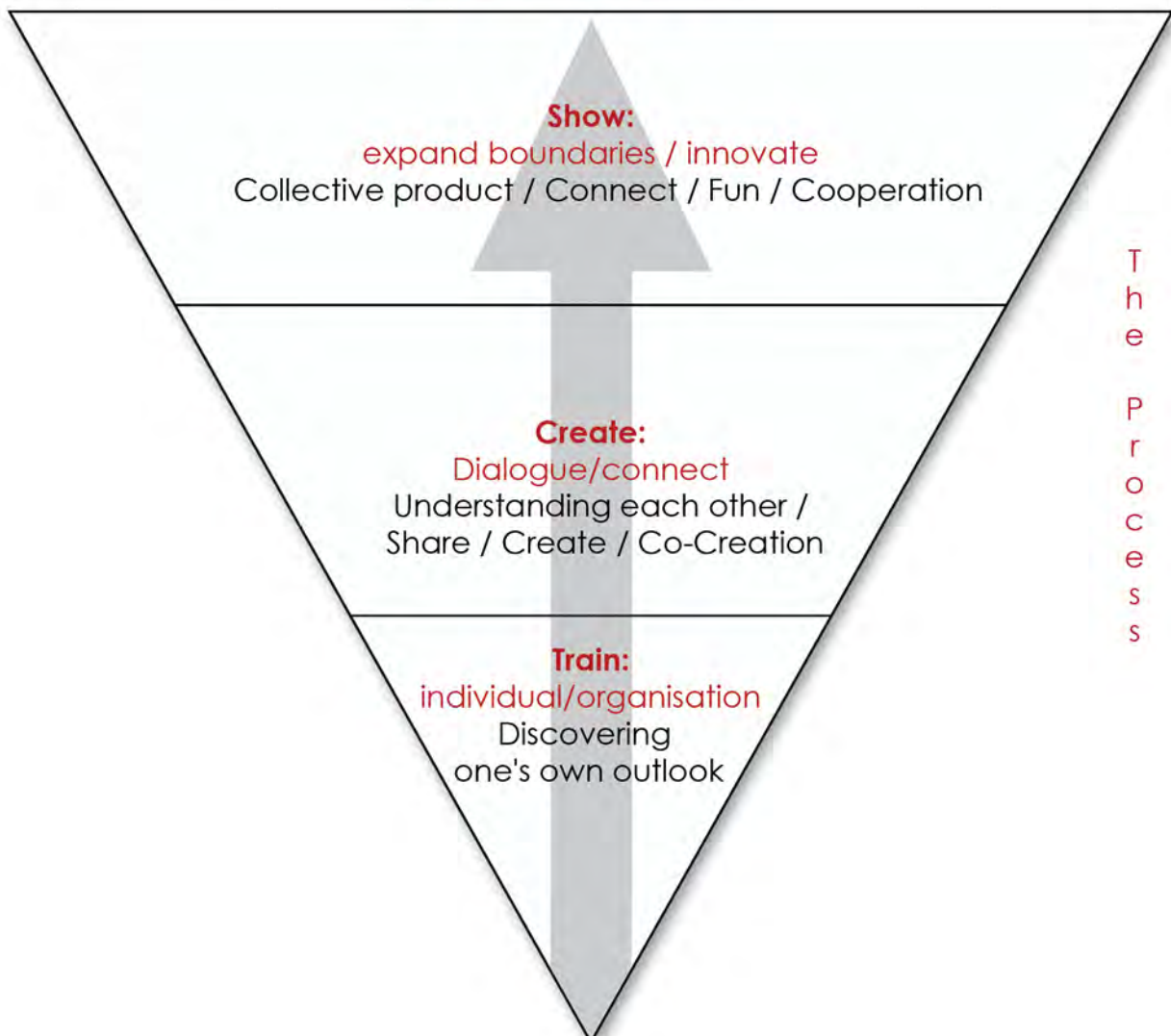
To disconnect and to connect

Insight, to mediate, strategical insight

Diplomat

Sensitivity / Tangibility / Finger-spitzengefühl / to talk

Public – Principal – Result



## Workshop.

Make the Earth dance by standing on the ground with both feet.

Dancing Earth

'An encounter with one's own origin.'

Dancing Earth is about communicating, establishing contact, with yourself and one another.

The Dancing Earth method is about what dance can mean in this context. My inspiration is that which is authentic in physical imagination. The purpose of my method is to explore these things and to combine them into one. The main point is that the movement, the DANCE, which is present in everyone, establishes the physical attitude in a very early stage.

The purpose of this method is to recognize one's own body language.

The idea that this is fun, useful, interesting, inspiring and has a greater value for functioning, is based on the idea that people who are close to their own origin possess a power to create and that the body is close to its own origin by definition.

Dancing Earth makes you experience how the origin of your personality can express itself in movement and your motor system, in movement....in dance

Movement as a medium

Movement as a purpose

Movement as an expression

The body is an instrument, something you can feel with, experience and see what your boundaries are and where they lie. Boundaries in your work which you balance and sometimes 'literally' balance between that which you receive and that which you give.

The body makes you discover what you think is enjoyable as an individual and in cooperation with others.

The body is an instrument of your imagination. The experience of the movement becomes a story of what arises within you and what you share with yourself and others. Sharing makes the movement more than a personal experience. Here too, cooperation is an exploration of balance.

The body is an instrument to express yourself with. This expression is the result of a process in which you have learned to physically portray creativity.

Pierik l'Istelle july 2009